



Reading List

The Anxious Generation, Jonathan Haidt

Between, Sarah Ockwell-Smith

Why Love Matters, Sue Gerhardt

The Explosive Child, Ross Greene

Happy, Confident and Successful, Jeni Hooper

The Book You Wish Your Parents Had Read, Philippa Perry

The Boy Who Was Raised As A Dog, Bruce Perry and Maia Szalavitz

Helping Your Child With Fears and Worries, Cathy Creswell and Lucy Willets

